



Aylmer Minor Hockey Association

AMHA COVID-19 Policy – Household Members in Self-Isolation

In response to an AMHA player recently testing positive for COVID-19, AMHA is implementing the below policy in regards to players participating in AMHA hockey programs when a member of their household is under orders from a Public Health unit to self-isolate:

- If a member of the AMHA player's household has been ordered to self-isolate and received a negative COVID 19 test at least 5 days after their COVID-19 exposure, the sibling/family member of the self-isolating individual, may return to hockey immediately but will continue to self-monitor for symptoms. If the member of the household who is self-isolating is an AMHA player, they must complete their self-isolation as directed by the Public Health Unit before returning to AMHA hockey programs.
- If a member of the AMHA players household has been ordered by public health to self-isolate, but has chosen not to be tested, siblings/family members may not participate in AMHA hockey programs for 10 days following the family members exposure to a COVID-19 positive person. If after 10 days, the family member in self-isolation is not exhibiting any COVID-19 symptoms, the sibling/family member may return to AMHA hockey programs. If the self-isolating member of the household is an AMHA player, they must complete their self-isolation as directed by the Public Health Unit before returning to AMHA hockey programs.

AMHA's priority is the health and welfare of our players and volunteers. The aim of this new policy is to lower the risk of COVID-19 being spread amongst our players, provide a level of comfort for all of members and not unnecessarily penalize players that have family members in self-isolation where the risk of COVID-19 transmission has been mitigated through testing or the passing of time.

Please contact any member of the AMHA COVID-19 committee if you have any questions or concerns regarding this policy.

AMHA COVID-19 Committee